



For Energy and Immune Support



What is Moringa Leaf?

Moringa Leaf (Moringa oleifera also known drumstick tree, horseradish tree or ben oil tree) is native to North India; and is a plant that has been praised for its health benefits for thousands of years. It is very rich in healthy antioxidants and bioactive plant compounds.

Moringa Leaf Health & Wellness Benefits



Rich in **antioxidants**

Rich in various antioxidants, including quercetin and chlorogenic acid. Moringa leaf may reduce the risk of chronic diseases.



Lowers cholesterol

Lowers your cholesterol levels, potentially reducing the risk of heart disease.



Lowers **blood sugar**

May lead to reduced blood sugar levels, but more research is needed before any solid recommendations can be made.



Reduces high blood pressure

May lead to reduced blood sugar levels, but more research is needed before any solid recommendations can be made..



Reduces inflammation

Isothiocyanates, the anti-inflammatory compound found in Moringa, can reduce the risk of many chronic health problems, including heart disease and cancer.



Additional **benefits**

- Packed with vitamins and minerals
- Faster recovery after exercise & illness
- Treats anaemia
- Promotes healthy skin & hair