

REISHI

CAPSULES
100% ORGANIC

BEST
QUALITY

For Energy and Longevity Support



What is Reishi?

Reishi, also known as *Ganoderma lucidum* and lingzhi, is a fungus that grows in Asia. For many years, this fungus has been a staple in Eastern medicine. Within the mushroom, there are several molecules, including triterpenoids, polysaccharides and peptidoglycans, that give it a variety of potential health benefits.

Reishi Health & Wellness Benefits



Boosts the immune system

Enhances immune function through its effects on white blood cells, which help fight infection and cancer.



Good for your heart

Increases "good" HDL cholesterol and decreases triglycerides to assist in reducing heart disease risk.



Prevents cancer

Increases the activity of the body's white blood cells, which help fight cancer, and improves quality of life in cancer patients.



Fights fatigue and depression

May decrease anxiety and depression as well as improves quality of life in those with certain medical conditions.



Helps aid weight-loss

Acts as a unique prebiotic to favorably change the composition of the intestinal microbial community in a way that favors biological weight reduction.



Additional benefits

- Helps control blood sugar levels
- Good for your brain
- Allergy-fighting properties
- Rich in antioxidants